

The Grab 'n Go 7 Point System

7 points to use any way you wish

5

Berry Cup

4

Sandwiches
Salads

3

Veggie Cup w/ Dip
Pita Chips & Hummus
Fruit & Yogurt Parfait
Yogurt Cup
Fruit Cup
Powerade

2

Cookies
Uncrustables
Pop Tarts
Pringles
Bagel/Cream Cheese
Carrot Cup

1

Milk, Juice, Water
String Cheese
Popcorn
Chips
Cereals
Whole Fresh Fruit
Granola/Cereal Bars

Make a Meal!

Sandwich or Salad (4pts)
Beverage (1pt)
2 sides (from 1pt menu)



CAMPUS
DINING

Please note, you cannot swipe again for 45 minutes.